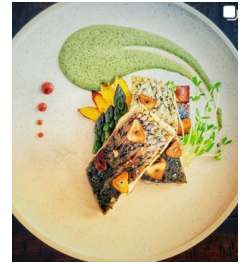# EDIBLE ART CONTEST

## Open to youth age 8 to 18

**Create your food art and enter by emailing photos to rosemarie.garritano@uvm.edu**
**no later than    11:59 p.m. August 10, 2020**

Limit one photo per category. Send each entry separately with the category as the subject and your name, age, & hometown in the body of the email and if your work is based on someone else's also give credit to your source of inspiration or instructions.  Photos will be evaluated , feedback will be given & special recognition sent to winners.  Participant's photos may be used (with credit given) by the 4-H program.

### Category: Food on the Vine (or Shelf)

Submit a picture of food while it is still growing in a garden, field, or orchard or has been harvested but is not yet "prepared for serving".

### Category: Silly /Fun Food

Submit a picture of ready to eat food that has been decorated with food or  a picture/art work created with food.

### Category: Cake Decorating

Submit a picture of a cake you decorated.

### Category: *Plating –Main Course or Plating-Dessert

Submit a picture of a meal or dessert that has been artistically arranged on a plate. Everything (but the plate) should be edible.

### Category: Food Prints or Tie Dye

Use cut potato, celery, citrus etc. to make prints or fruit or vegetables to make dyes Submit a photo of your work. (This category is not edible! )

*Plating *is arranging, decorating, and presenting food in an attractive way that takes into consideration things like color, texture, and patterns of foods and sauces*

**Photo credits:** Kiwi photo: healthyfood.com / Fish dinner photos: Chef Antonio Hidalgo / Dolphins: Onecraftything.com / Cucumbers: Youtube salad decoration tutorial-easy ideas for food art /  Potato & apple print  littletreks.wordpress.com/2014/03/26/apple-and-potato-prints/ Tiedye: ae.com/aerie-real-life/2020/04/30/tie-dye-diy/ Other photos- Rose Garritano

⟹ *If you need accommodations to participate contact rosemarie.garritano@uvm.edu or at 802-651-8343 by August 1 , 2020 so we may assist you.*

# THE UNIVERSITY OF VERMONT
# EXTENSION

# www.uvm.edu/extension/youth